

EMOTION PERSPECTIVES

**Bowen Family Systems
Theory and Emotionally
Focused Therapy:**

Exploring difference
in clinical practice

20th ANNUAL CONFERENCE
23-24 August 2023



**Join the Family Systems Institute's 20th Annual Conference
to explore the concept of emotion and how theory informs
different ways of working from the approaches of BFST and EFT**

Keynote speakers will present ideas about theory informed practice,
clinical applications in response to a case scenario and
reflect on the therapist's role in clinical work.

Afternoon sessions will include a selection of workshop options.

Meet our keynote speakers:



Katherine White is a Marriage and Family Therapist registered in the US and Canada. She has been working with individuals, couples and families in schools,

clinics, and non-profit centers for 20 years in the US, Australia and Canada, and using a Bowen Theory approach since 2010.



Kim Taylor is a psychotherapist whose has trained in Emotionally Focused Therapy (EFT) at the Annandale Institute. She has 17 years of experience in working

with individuals and couples in a range of settings and is particularly interested in the combination of EFT and trauma-informed care with her clients.



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