



LAUREN ERRINGTON

Lauren is the Executive Director of the Family Systems Institute and a Mental Health Social Worker and Clinical Family Therapist and Supervisor at the Family Systems Practice. Lauren has presented nationally and internationally on Bowen Theory and her understanding of its usefulness in understanding human relationships and working with individuals and families from this approach in clinical and ministry contexts. She is the author of a number of articles on Bowen Theory and co-editor of a recent Special Issue of the *Australian and New Zealand Journal of Family Therapy on Bowen Theory*, as well as a co-editor and contributing author to *Bowen Family Systems Theory in Christian Ministry*.



ANDREW ERRINGTON

Andrew is the Senior Minister of Newtown Erskinville Anglican Church (neac.com.au). He holds a PhD in Christian Ethics from the University of Aberdeen, a version of which is published as *Every Good Path: Wisdom and Practical Reason in Christian Ethics and the Book of Proverbs* (T & T Clark, 2020). He has written in both academic and popular publications, including numerous articles for ABC Religion and Ethics. He has been thinking about Bowen Theory with his wife Lauren for several years, and has a chapter in Brown and Errington eds., *Bowen Family Systems Theory in Christian Ministry*.



STEVE DINNING

Steve is currently the Senior Program Manager, Cross Cultural Services and Family and Life Skills Education at Anglicare. He is undertaking a Masters in Pastoral Counselling. After obtaining a Bachelor of Social Work, he worked for 5 years in the areas of child protection and with disadvantaged young people. He left social work to study at Moore Theological College and be ordained as an Anglican minister. Between 2003–2006 he was assistant minister at Darling Street Anglican Church (Balmain-Rozelle). For ten years between 2007 and 2017 he was senior Minister at Austinmer & Thirroul Anglican Churches (Wollongong Region). Steve first encountered Bowen Theory when Dr Jenny Brown gave an introductory seminar at a ministry conference in 2006. The theory appealed to him straight away. Since then, he has found Bowen Theory invaluable in navigating the relational dynamics of parish ministry, leadership, workplaces and family life.



CAROLINE SPENCER

Caroline works part-time as an evangelist, mentor and trainer at City Bible Forum, part-time as an associate pastor at Willoughby Park Anglican Church and part-time as a pastoral supervisor.

Caroline helped develop the Intentional Ministry Reflection subject at Moore College. She has written a book called "*Getting over yourself: developing a healthy self-reflection practice to serve others*" (available Feb 2025).

Caroline says: "Around 2011 I said to Jenny Brown: "Besides the Bible, Bowen Family Systems Theory has been one of the best things for ministry". She replied: "That's a big call Caro". I said: "I know - but it's true". I'd still stand by that today".



RORY SHINER

Rory is the Senior Pastor of Providence City Church, WA. He has studied English, anthropology and theology and has many years of experience in congregational ministry. He has completed a PhD on the Life and Work of Donald Robinson, published several books, is a regular contributor to and the chair of The Gospel Coalition

Australia.



PAUL YOUNG

Paul is the Senior Pastor at Providence Church, Bayswater in WA. He failed at professional golf which led him to become a social worker and eventually a pastor. He

has studied theology, been involved in church plants and has now returned to Perth to plant Providence Church Bayswater.

